

Employment Resources Guide

This Resource Guide includes clickable links for you to easily access each website.



Organization	Description	Employment Tools
Employment Resources for Parents/Guardians		
Center for Parent Information and Resources (CPIR)	Parents can find help with <u>Parent Centers</u> in their state. Vocational Rehabilitation Agency helps persons with cognitive, sensory, physical, or emotional disabilities to find employment and achieve increased independence.	<u>Adult Services</u> <u>Education/Training Connections</u> <u>Employment Connections</u> <u>Independent Living Connections</u>
LifeCourse Nexus	The Charting the LifeCourse framework was developed by families to help individuals with disabilities at any age or stage of life and their families develop a vision for a good life, think about what they need to know and do to reach any goal, identify how to find or develop supports, and discover what it takes to live the lives they want to live.	<u>Employment Guide</u> <u>Portfolio for Family Perspective on Employment</u> <u>More Resources on CTYLP website</u>
PACER Center	PACER Center improves educational opportunities and enhances the quality of life for children and young adults with disabilities and their families.	<u>Preparing for Adulthood</u> <u>What resources are available to help my child find and keep a job?</u>
Explore Your Interests, Skills and Dreams		
ADVANCE CTE	These Career Interest Surveys help learners reflect on what they enjoy, what they're good at, and what real-world problems they want to solve. The results are connected to real-world careers to help each learner explore their future.	<u>Career Interest Survey - Cluster-by-Cluster edition</u> <u>Career Interest Survey - Motivator edition</u>
CareerOneStop	A source for career exploration, training and jobs. Sponsored by the U.S. Department of Labor.	<u>What is an Assessment?</u>
O*NET Resource Center	The O*NET® team has designed a set of self-directed career exploration/assessment tools to help workers consider and plan career options, preparation, and transitions more effectively.	<u>My Next Move</u> <u>O*NET Interest Profiler</u>
Your Free Career Test	Your Free Career Test offers a number of free career interest tests for students and adults to help clarify and align their interests with potential career paths, empowering them to make informed decisions about their future. Explore information about a variety of careers and review additional educational resources.	<u>Flagship Career Test</u> <u>Free Trade Career Test</u> <u>List of Careers</u>

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Explore Career Opportunities		
<u>CareerOneStop</u>	A source for career exploration, training and jobs. Sponsored by the U.S. Department of Labor.	<u>Explore Careers</u> <u>Career Videos</u>
<u>EDUMED</u>	Careers & Degrees in Healthcare. Learn about disability rights and disclosure, find key resources, and read how the right school and employer can make a huge difference.	<u>Students with Disabilities: A Guide to Healthcare Degrees & Careers</u>
<u>O*NET OnLine</u>	O*NET® can help you find specific occupations or explore various industries.	This <u>link</u> provides access to: Find Occupations & Occupation Keyword Search
<u>Shmoop Career Resources</u>	A humorous narrative about a wide range of careers that offers the “Real Poop” from the author’s perspective. Description of a typical day, listing qualifications, and evaluation of stress, fame, danger, & glory you can expect from a job.	Select the <u>“Browse by Field”</u> button located at both the top and bottom of the page. Choose a field of interest to learn more.
Job Skills Development		
<u>Center for Parent Information and Resources (CPIR)</u>	Family-friendly information and research materials on key topics for Parent Centers.	<u>Apprenticeship Resources Collec-tion</u>
<u>PACER.org</u>	PACER Center improves educational opportunities and enhances the quality of life for children and young adults with disabilities and their families.	<u>Assistive Technology</u> <u>Guided Explorations and Trainings</u>
<u>U.S. Department of Labor</u>	“Skills to Pay the Bills; Mastering Soft Skills for Workplace Success” is a downloadable PDF for all young individuals to support career and personal success. “Youth Service Professionals” scroll down the page to locate more Soft Skills links for student success.	<u>Skills to Pay the Bills</u> <u>Youth Service Professionals - Soft Skills</u>
Build Your Resume/Interview Skills		
<u>American Job Centers</u>	American Job Centers help workers find jobs – for free! Their experienced team can help you learn which jobs and careers are right for you, write great cover letters, create a powerful resume that gets you interviews, and conduct effective job searches. Enter your Zip Code for more information.	<u>Request Resume and Cover Letter Assistance</u>
<u>Pocket Resume</u>	The pocket survival tool for job applications and interviews. A PDF form with helpful questions to build your resume.	
<u>Resume Builder</u>	This guide offers resume help for individuals with disabilities, including best practices for inclusive resumes, laws protecting disabled workers from discrimination, and several other topics to consider.	<u>Resume and Employment Guide for People With Disabilities</u>

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I Got the Job! Accommodations and Your Rights		
<u>JAN - Job Accommodation Network</u>	JAN offers a Toolkit that helps employers navigate the accommodation process under the Americans with Disabilities Act (ADA) and Section 501 of the Rehabilitation Act.	<u>Workplace Accommodation Toolkit</u> <u>- Sample Accommodation Process Information by Role</u>
<u>Resume Builder</u>	There are laws protecting people with disabilities from discrimination. Select the topics listed in the Table of Contents on the left or scroll down the page to the tools listed.	<u>Know Your Rights</u> <u>Dealing With Workplace Discrimination and Harassment</u>
State & National Job Support Organizations		
<u>CT Aging and Disability Services (ADS)</u>	The mission of Aging and Disability Services (ADS) is: Maximizing opportunities for the independence and well-being of people with disabilities and older adults in Connecticut. ADS creates programs, policies, and services to connect to jobs, education, independent living, accessibility, and advocacy. This agency stands up for the rights of people with disabilities and older adults. ADS provides helpful information and resources across the state.	<u>Deaf, DeafBlind and Hard of Hearing</u> <u>Bureau of Education and Services for the Blind (BESB)</u> <u>Connecticut Bureau of Rehabilitation Services (BRS)</u> <u>ADS Programs & Services</u> <u>Job Seeker Services</u> <u>High School & College Services</u> <u>Services for Educators and Parents</u>
<u>Connecticut Developmental Services (DDS) Employment and Day Services</u>	DDS partners with individuals, their families, and support groups to help individuals with intellectual disability lead fulfilling lives within their communities. DDS offers support for individuals to become more responsible and confident in themselves.	<u>Charting the LifeCourse</u> <u>Self-Advocacy</u> <u>Self-Determination</u> <u>Employment & Day Services</u>
<u>Connecticut Department of Labor (CTDOL)</u>	The CTDOL provides assistance for ALL job seekers and employers regardless of disability. They offer services for job seekers, types of employment and services available in CT.	<u>Information for Workers</u> <u>Youth Employment</u> <u>Disability Resources for Job Seekers & Employers</u>
<u>CT Parent Advocacy Center (CPAC)</u>	Connecticut Parent Advocacy Center, Inc. (CPAC) is a statewide nonprofit organization that offers information and support to families of children with any disability or chronic illness, age birth through 26.	<u>Youth Employment Information</u> <u>Transition to Adult Life</u> <u>Students and Young Adults</u>
<u>CT State Department of Education (CSDE) Special Education</u>	Connecticut's official website for all CT State Department of Education information. The Bureau of Special Education provides information on the identification/assessment, instruction/intervention, and more resources.	<u>Resources for Families</u> <u>Secondary Transition - Planning for School to Adult Life</u> <u>Easing into Secondary Transition</u> <u>Transition-Only Services for Students with Disabilities (18-22)</u>
<u>U.S. Department of Labor (DOL)</u>	DOL provides workforce-related programs, benefits, and services. DOL also helps the public find jobs and training, and helps employers follow labor laws.	<u>Apprenticeship Accommodation Tool Kit</u>